

Implementation of a Smoke-free Campus at a Private College in Greece: Attitudes and Awareness of Employees

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INTRODUCTION

Aim:

- To determine staff awareness health effects of smoking
- To determine attitudes towards the implementation of a smoke-free campus prior to implementation

METHODS

Setting: A private college that provides secondary and tertiary education to students over 11 years old

Sample: 219 employees at the college including faculty and staff

Online survey in 2018 on:

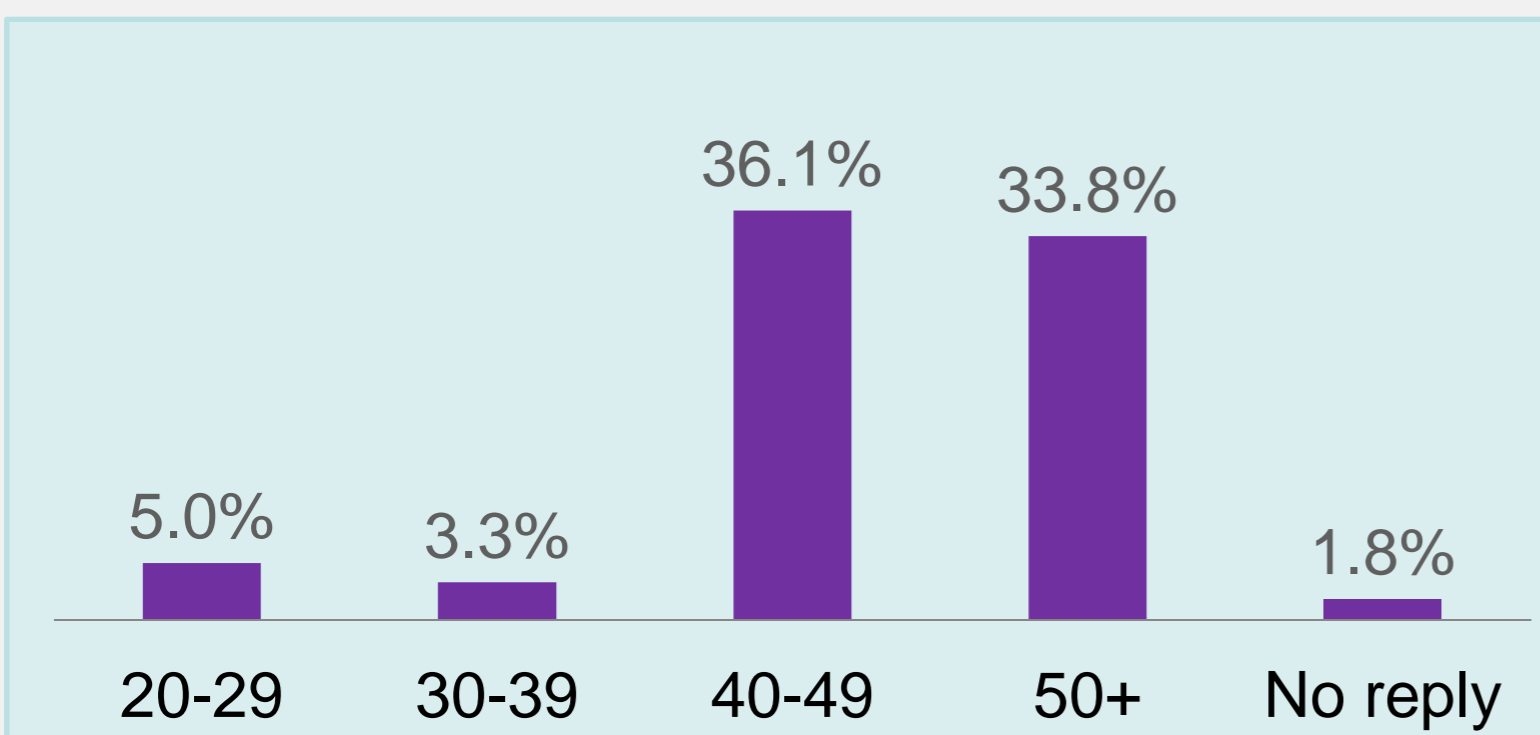
- Demographics: Age, gender, smoking status,
- Health effects of active and passive smoking
- Attitudes towards the smoking ban law

All results presented as percentage of the total sample.

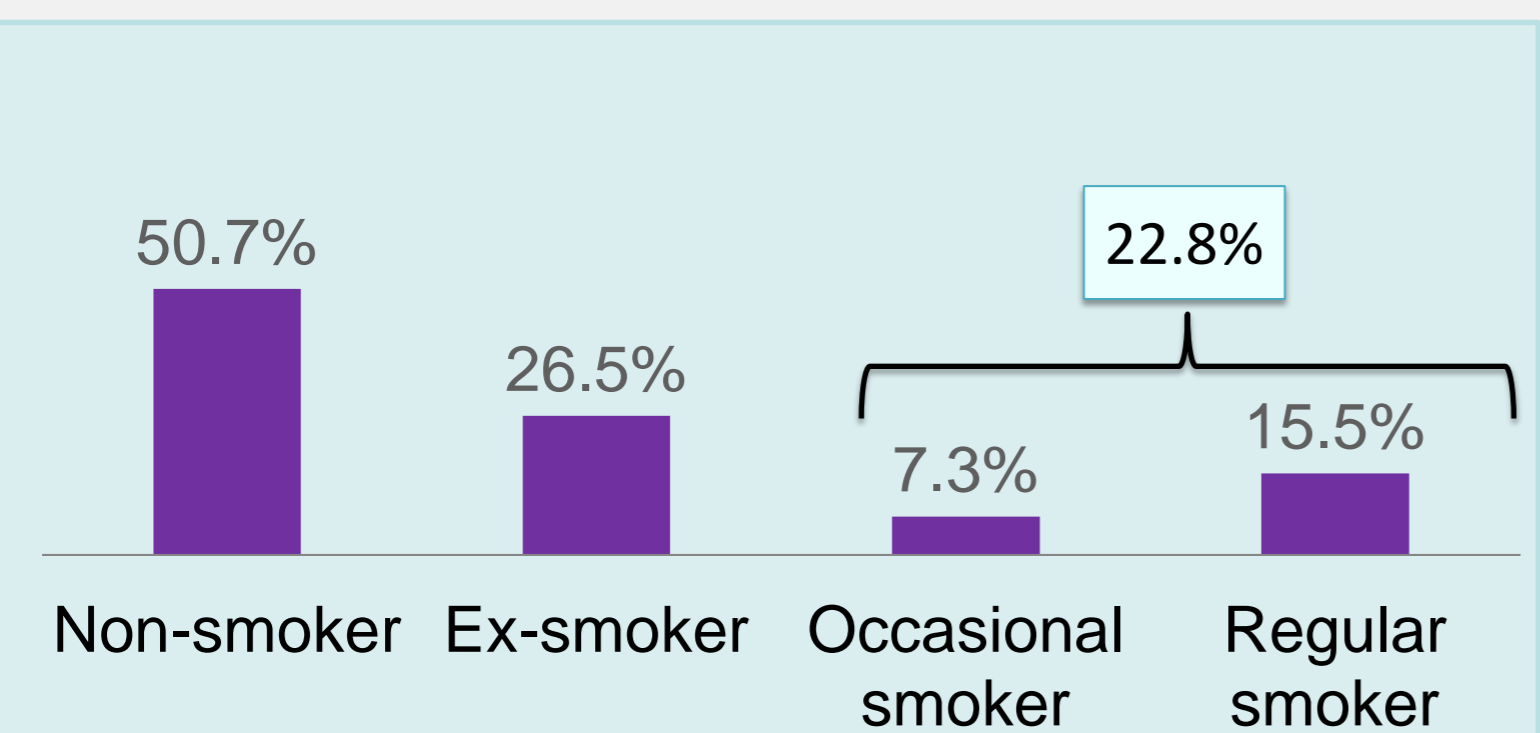
RESULTS

Demographics

- Gender: 33% male and 67% female



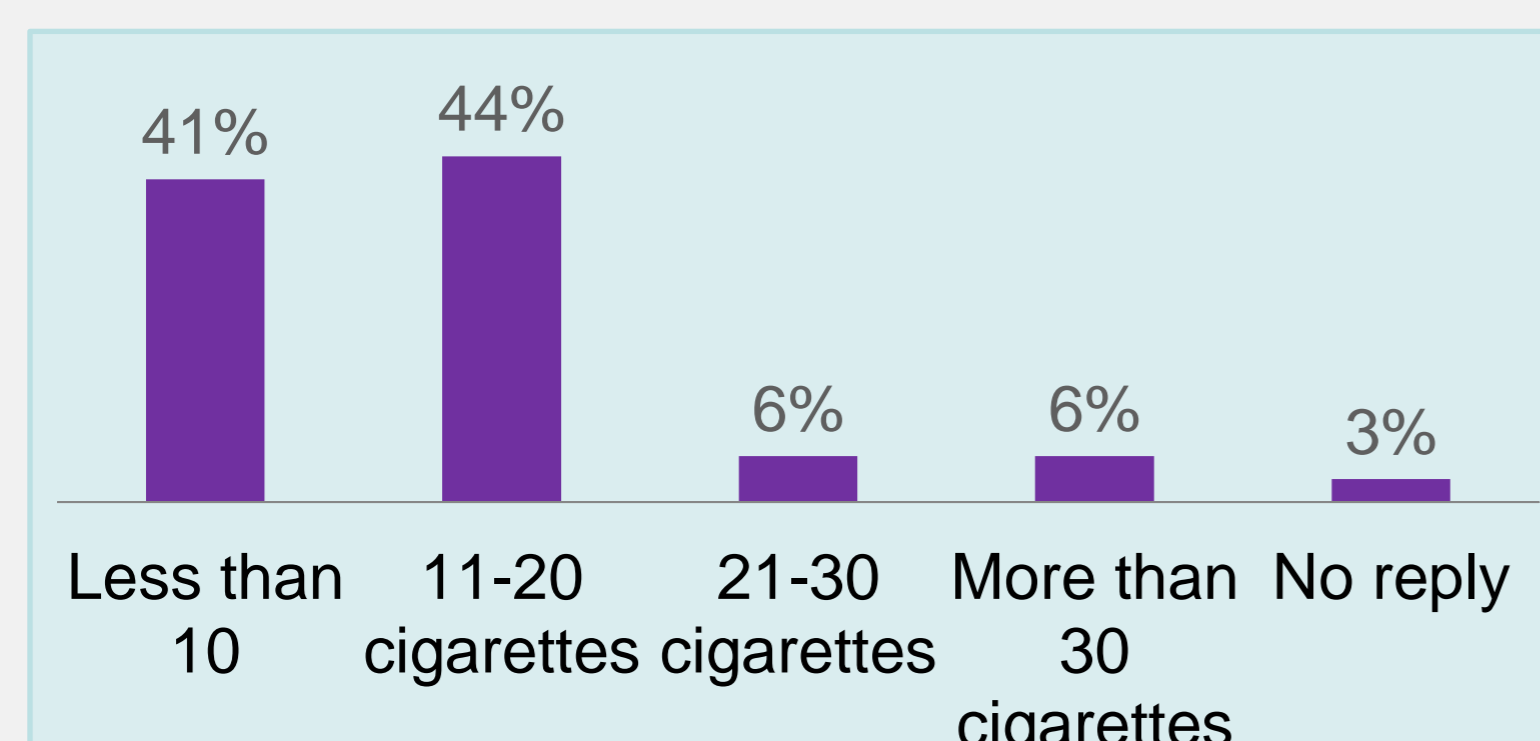
Graph 1. College employees by age groups



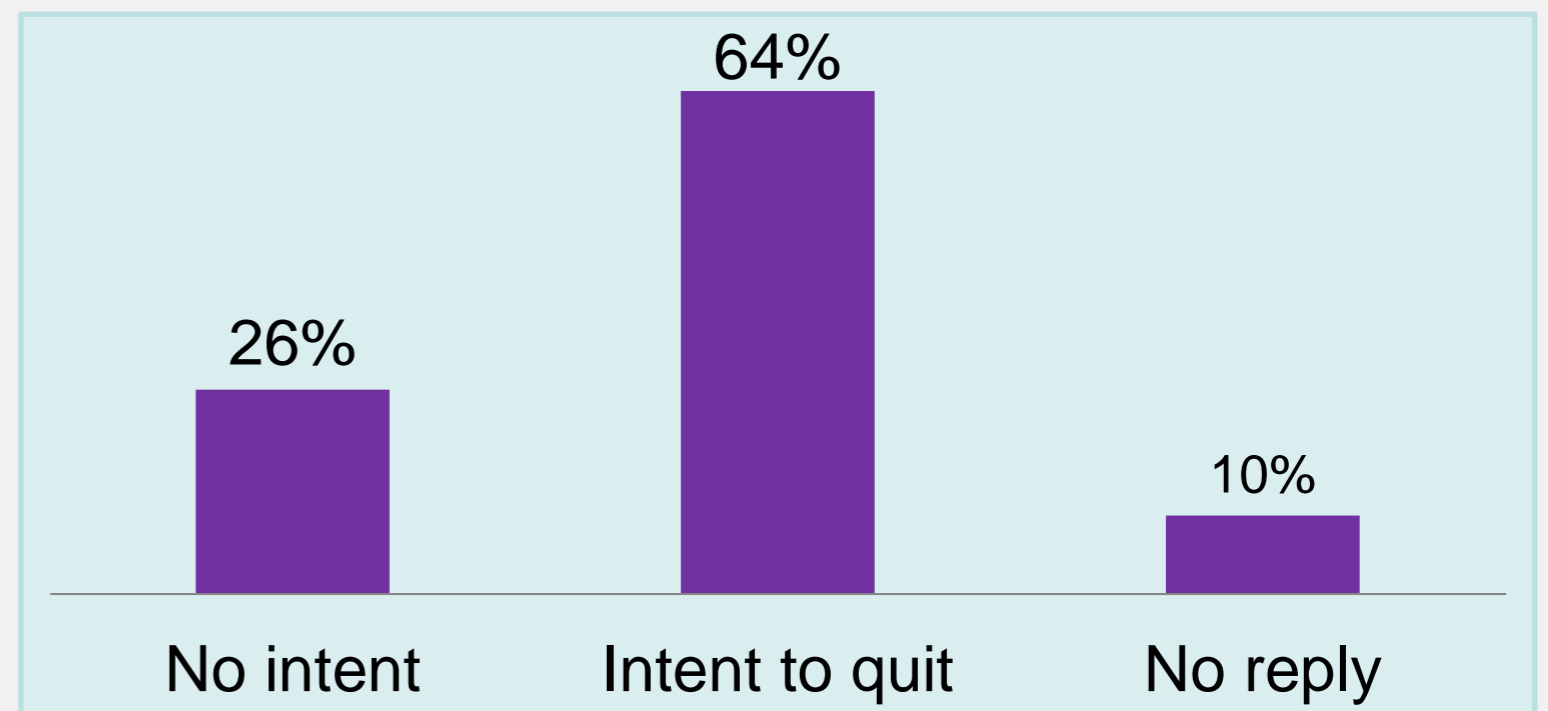
Graph 2. College employees by smoking status

Smokers

- 10% of smokers were 20-29 years old and 82% were 35-59 years old

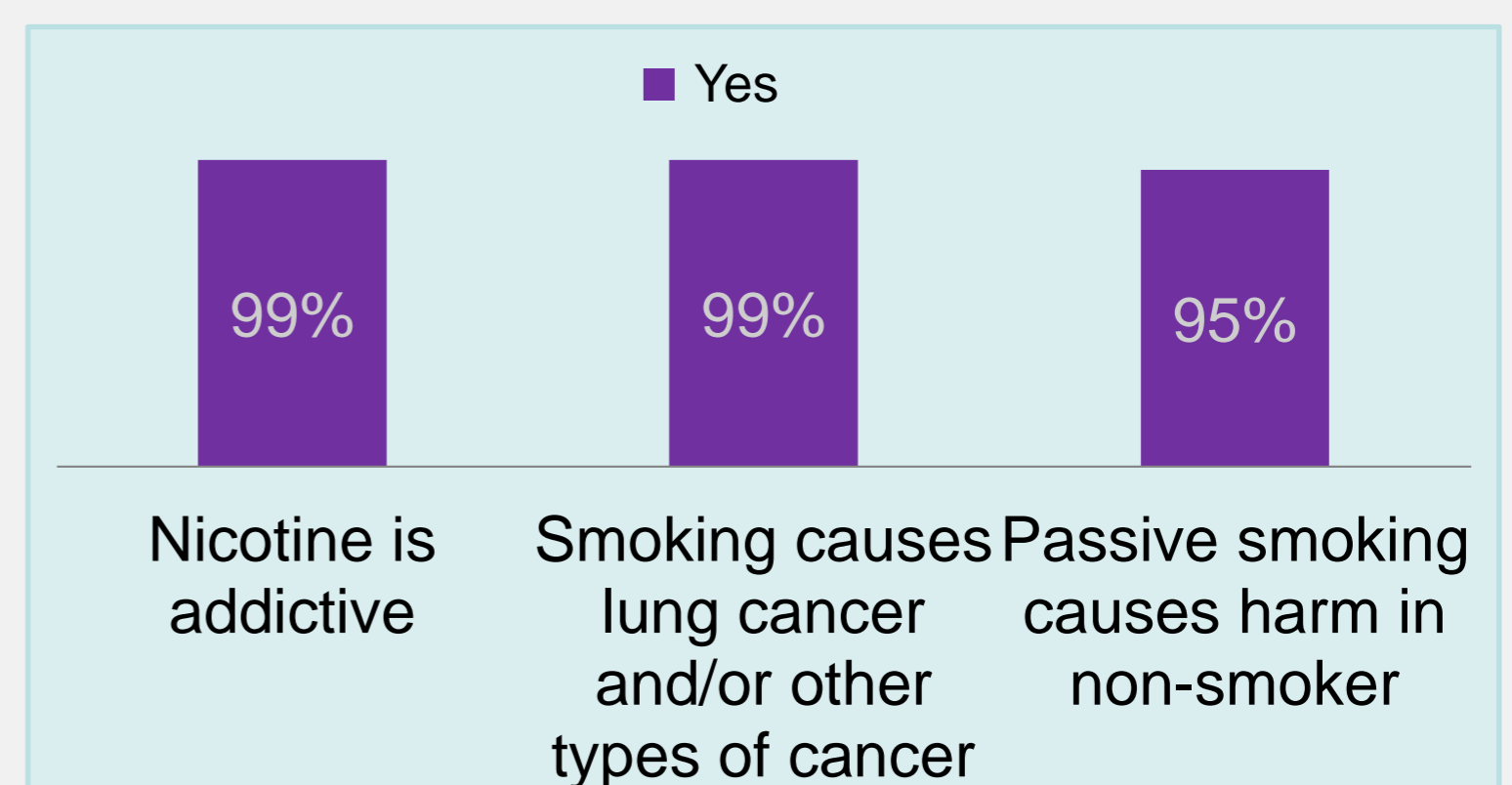


Graph 3. Daily cigarette consumption of Regular smokers

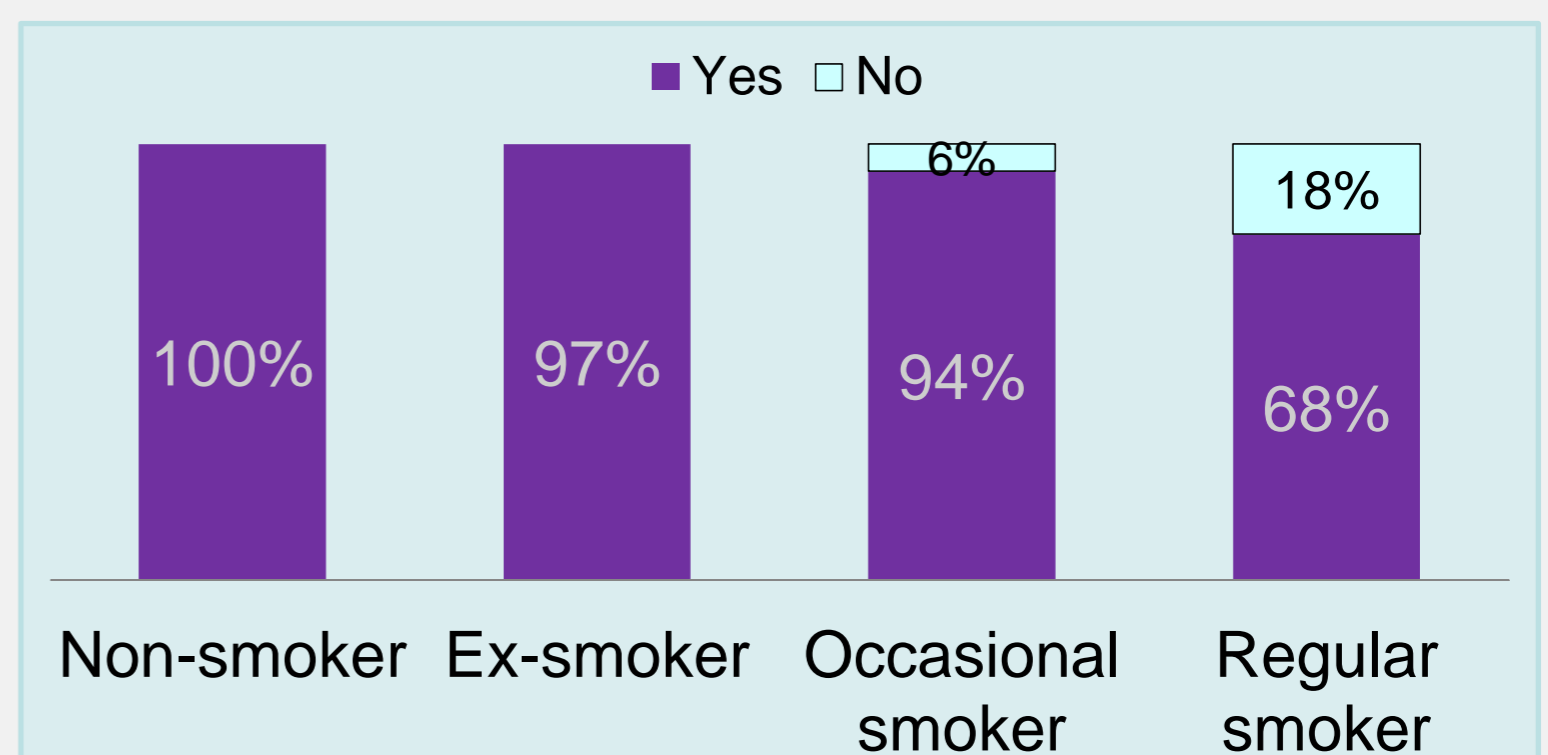


Graph 4. Smokers' intention to quit

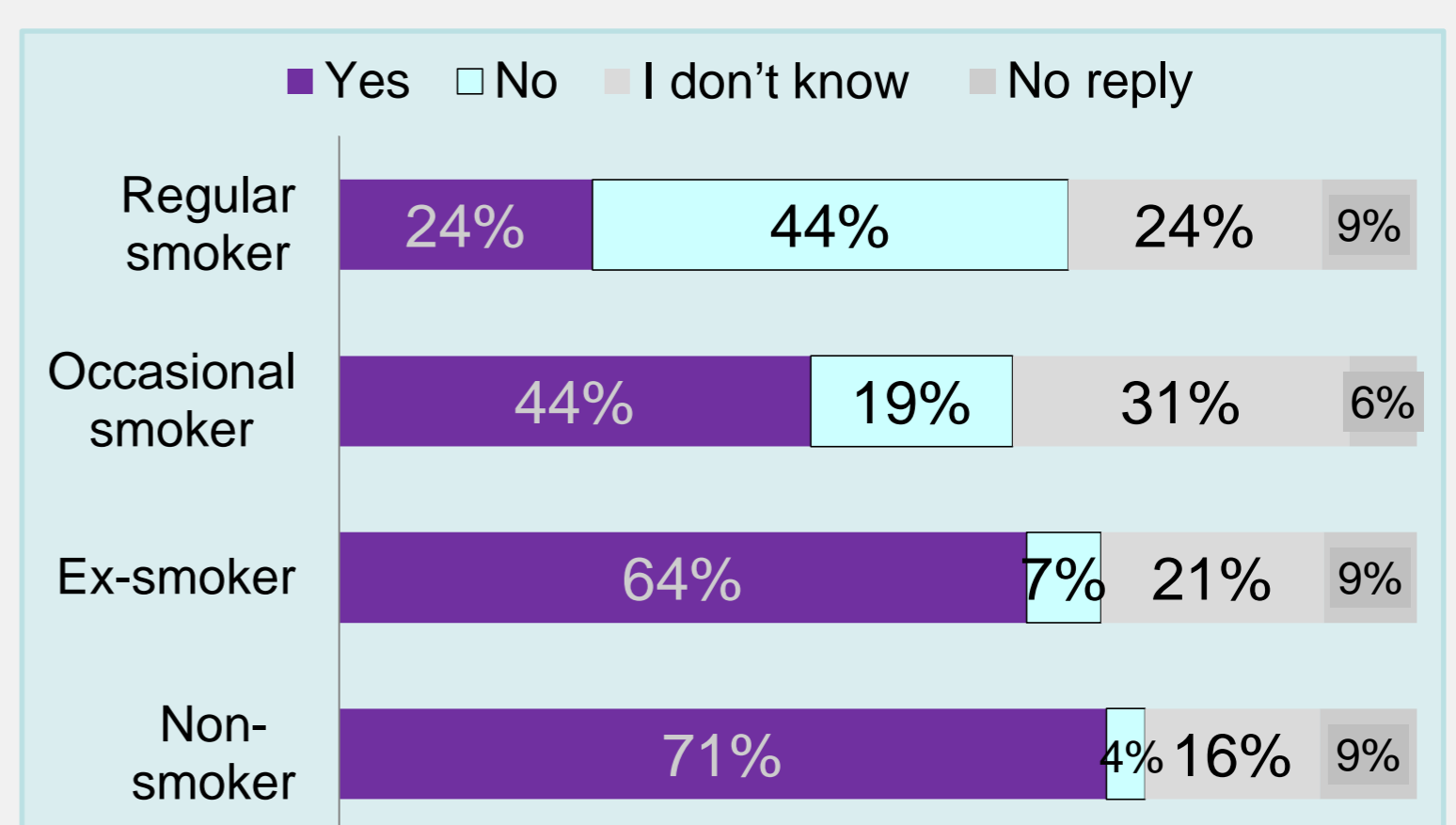
Attitudes and Awareness



Graph 5. Awareness on the harms of smoking



Graph 6. Do you support the smoking ban in public places?



Graph 6. Would you contribute to the implementation of the Smoking ban on campus?

CONCLUSION

- Smoking prevalence among staff was lower than the Greek public reported in 2017¹ with high percentage of ex-smokers
- Smokers: Low consumption, intention to quit
- All college employees were highly aware of health effects of smoking and were supportive towards the implementation of a smoke-free campus.

References

1. Demi M, Teloniatis S, Vyzikidou V-K, et al. Smoking Prevalence in Greece. *Tob Prev Cessat.* 2018;4(Supplement). doi:10.18332/tpc/90109

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